

North Central Region Resources:

This list is organized by the location where the service or resource can be accessed. Each listing contains the type of service or resource, the time, place and location where they can be utilized and the contact information for the organization providing them. The list is organized by the community in which the resource is offered. The communities are organized in alphabetical order. The order in which the resources are listed within the community does not denote the value or accessibility of the resource.

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Allied Gardens

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Metro United Methodist</i></p> <p>6154 Mission Gorge Rd # 104 San Diego, CA 92120</p>	<p>Sack Lunch</p> <p>One per person per day</p>	<p>Available on Mondays from 9:00am-5:00pm in the Church office</p>	<p>Church Phone Number: 619-285-5556</p> <p>Church Website: https://metrocommunityministries.org/</p>
<p><i>Edwin A. Benjamin Library</i></p> <p>5188 Zion Ave. San Diego, CA 92120</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library Phone Number: 619-533-3970</p> <p>Library Website: https://www.sandiego.gov/public-library/locations/allied-gardens-benjamin-library</p>

Carmel Valley

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Carmel Valley Library</i></p> <p>3919 Townsgate Dr. San Diego, CA 92130</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website: 858-552-1668</p> <p>https://www.sandiego.gov/public-library/locations/carmel-valley-library</p>

Clairemont

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Community Christian Church</i></p> <p>4167 Rappahannock Ave San Diego, CA 92117</p>	<p>Food Pantry: One per month maximum, may request up to six times per year.</p> <p>Meals: Breakfast, lunch and dinner. Maximum of one meal per week</p> <p>Other aid including emergency food and clothing and transportation assistance in the form of bus tokens for medical appointments or employment search. Financial aid to help people obtain their birth certificate, get a California Identification card, and occasionally prescription medicines or other emergency needs, as evaluated by the agency. They provide layettes to low-income new mothers. Information and resource counseling are available along with limited case management and referrals to shelter and other agencies or sources of help.</p>	<p>Monday- Friday</p> <p>9:30am-4:00pm</p>	<p>Church phone number: 858-274-2271</p> <p>Resource website: http://www.ccsasandiego.org/</p>
<p><i>Boys and Girls Club Clairemont</i></p> <p>4635 Clairemont Mesa Blvd San Diego, CA 92117</p>	<p>Senior Food Pantry</p>	<p>The second Friday of every month, distribution times are 9:00am-11:00am</p>	<p>Boys and Girls Club Clairemont phone number and website:</p> <p>858-866-0591 https://www.sdyouth.org/clairemont</p>
<p><i>YMCA OZ Center</i></p> <p>3304 Idlewild Way San Diego, CA 92117</p>	<p>Short-term residential care for teens 12-17 in crisis.</p>	<p>Monday-Friday 9:00am-5:00pm.</p>	<p>YMCA Oz Center Phone Number and website:</p>

	<p>Includes shelter availability and counseling.</p> <p>Cost is assessed on a sliding scale that is determined during intake.</p>	<p>For additional shelter information and hours please contact the YMCA OZ Center office.</p>	<p>858-270-8213</p> <p>https://www.ymca.org/community-support/ymca-youth-and-family-services</p>
<p><i>SAY SD FSS Program</i></p> <p>4340 Genesee Ave. Ste. 207 San Diego, CA 92117</p>	<p>Job training for those receiving Section 8 housing vouchers</p>	<p>For additional information please visit the website or contact the phone number provided.</p>	<p>SAY SD Phone Number and Website:</p> <p>858-974-3603</p> <p>https://www.sandiegocounty.gov/content/sdc/sdhcd/rental-assistance/current-participants/fss.html</p>
<p><i>North Clairemont Library</i></p> <p>4616 Clairemont Dr. San Diego, CA 92117</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-581-9931</p> <p>https://www.sandiego.gov/public-library/locations/north-clairemont-library</p>
<p><i>Balboa Library</i></p> <p>4255 Mt. Abernathy Ave San Diego, CA 92117</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-573-1390</p> <p>https://www.sandiego.gov/public-library/locations/balboa-library</p>

La Jolla

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>St. James by-the-Sea Episcopal Church</i></p> <p>743 Prospect Street San Diego, CA 92037</p>	<p>Sack Lunch with water and coffee</p>	<p>Sack lunches served after Sunday church service</p>	<p>Church phone number and website:</p> <p>858-459-3421 http://www.sjbts.org</p>
<p><i>La Jolla Riford Library</i></p> <p>7555 Draper Ave. San Diego, CA 92037</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-552-1657</p> <p>https://www.sandiego.gov/public-library/locations/la-jolla-riford-library</p>
<p><i>Astor Judaica Library</i></p> <p>4126 Executive Dr San Diego, CA 92037</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>858-457-3030</p> <p>https://www.lfjcc.org/jewishlearning/library.aspx</p>

Kearny Mesa & Sera Mesa

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Linda Vista United Methodist Church</i></p> <p>6869 Tait St San Diego, CA 92111</p>	<p>Senior Food Pantry:</p> <p>To qualify, you must be 60 or older</p>	<p>4th Wednesday of every month, 1:30pm-3:30pm.</p>	<p>Church phone number and website:</p> <p>858-277-1518 https://lindavistaumc.org/</p>
<p><i>Bayside Community Center</i></p> <p>2202 Comstock Street, San Diego, CA 92111</p>	<p>Senior Meals:</p> <p>For persons 60 or older.</p>	<p>Lunch served daily from 11:30am-12:30pm</p>	<p>Community Center phone number and website:</p> <p>858-278-0771 https://www.baysidecc.org/</p>
<p><i>Kairos Christian Church</i></p> <p>7875 Convoy Ct #3 San Diego, CA 9211</p>	<p>Evening Meal</p>	<p>Last two Fridays of every month. Meal service begins at 5:30pm.</p>	<p>Church phone number and website:</p> <p>858-836-1022 https://kairoschurch.org/</p>
<p><i>San Diego Family Care Campus</i></p> <p>6973 Linda Vista Rd San Diego, CA 92111</p>	<p>Low/No-cost healthcare.</p> <p>Medi-Cal is accepted</p> <p>General medical care including behavioral and substance use disorder care.</p>	<p>Monday-Friday</p> <p>8:30am-5:00pm</p>	<p>Resource phone number and website:</p> <p>858-279-0925 https://sdfamilycare.org/</p>
<p><i>Linda Vista Library</i></p> <p>2160 Ulric St. San Diego, CA 92111</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-573-1399 www.sandiego.gov/public-library/locations/linda-vista-library</p>

<p><i>Mission Village Christian</i></p> <p>2650 Melbourne Dr. San Diego, CA 92123</p>	<p>Food Pantry</p> <p>Only available to those persons living in the 92123 area.</p>	<p>Every Wednesday 10:00am-2:00pm</p>	<p>Resource phone number and website:</p> <p>619-770-8517 http://www.missionvillage.church/</p>
<p><i>Jewish Family Services</i></p> <p>8804 Balboa Ave. San Diego, CA 92123</p>	<p>Food Pantry: Number of items based on amount of need.</p> <p>Bag Lunch: Available in the lobby during regular business hours.</p>	<p>Food Pantry Hours:</p> <p>Monday: 1:00pm-3:00pm</p> <p>Tuesday: 10:00am-Noon, 1:00pm-3:00pm</p> <p>Wednesday: 10:00am-Noon</p> <p>Thursday: 4:00pm-6:00pm</p> <p>Friday: 10:00am-Noon</p>	<p>JFS phone number and website:</p> <p>858-637-3088 https://jfssd.org/</p>
<p><i>Ronald McDonald House Charities</i></p> <p>2929 Children's Way San Diego, CA 92123</p>	<p>Free meals to families with valid hospital issued ID</p>	<p>If eligible, contact the hospital for meal times</p>	<p>Resource phone number and website:</p> <p>858-292-7413 ext 2429 https://rmhcsd.org/</p>
<p><i>Transitional Living Center for Women, Door of Hope</i></p> <p>2799 Health Center Dr. San Diego, CA 92123</p>	<p>Women's shelter and transitional housing.</p>	<p>Office Hours: Monday-Friday 8:30am-5:00pm</p> <p>Call for availability</p>	<p>Resource phone number and website:</p> <p>858-279-1100 https://doorofhope.salvationarmy.org/</p>
<p><i>Salvation Army 2799 Health Center Dr.</i></p> <p>Center Dr. San Diego, CA 92123</p>	<p>Shelter</p>	<p>Office Hours: Monday-Friday 8:30am-5:00pm</p> <p>Call for availability</p>	<p>Salvation Army phone number and website:</p> <p>858-279-1100 https://sandiego.salvationarmy.org/</p>
<p><i>Serra Mesa- Kearny Mesa Library</i></p> <p>9005 Aero Dr. San Diego, CA 92123</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p>	<p>Library phone number and website:</p> <p>858-573-1396 https://www.sandiego.gov/public-library/locations/serra</p>

		Friday 9:30am-6:00pm Saturday: 9:30am-6:00pm Closed Sunday	a-mesa-kearny-mesa-library
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Midway District and Old Town

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<i>St. David's Episcopal Church</i> 5050 Milton St. San Diego, CA 92110	Food Pantry No residency documentation required	Food Pantry is open after Sunday Church service, Noon-12:45pm	Church phone number and website: 619-276-4567 http://www.saintdavi dschurch.com/index.html
<i>Metropolitan Community Church</i> 2633 Denver Street San Diego, CA 92110	Sack Lunches available upon request One sack lunch per day maximum	Sack lunches available from Monday -Thursday 9:00am-4:00pm	Church phone number and website: 619-521-2222 http://themetchurch.org/
<i>Veterans Village</i> 4141 Pacific Hwy. San Diego, CA 92110	Comprehensive services for veterans ranging from housing assistance to meals and medical care. Includes transitional housing for persons at risk of becoming homeless	Please call Veterans Village or visit the website for further information	Resource phone number and website: 619-393-2000 https://vvsd.net/
<i>IMPACT</i> 1260 MORENA BLVD Suite 100 SAN DIEGO, CA 92110	Mental Health Crisis services. Mental Health case management and care. Accepts Medi-Cal	Monday-Friday 8:30am-5:00pm	Resource phone number and website: 619-398-0355 http://www.comrese arch.org/serviceDetails.php?id=Mw==
<i>Serial Inebriate Program (SIP)</i> 3340 Kemper Street San Diego, CA 92110	Includes intensive case management, treatment and recovery services, housing support and additional supportive services, Arrested	Please contact SIP for further information regarding eligibility and program requirements	Resource phone number and website: 619-523-8121

	for drunk in public times in the last month. Most courts accept this as treatment for SUD.		http://www.mhsinc.org/wp-content/uploads/2015/07/SIP-Brochure-Final_web_2012.pdf
<i>Goodwill</i> 3663 ROSECRANS ST San Diego, CA 92110	Offers free job search assistance, including one-on-one counseling and guidance.	Please contact Goodwill for further information	Resource phone number and website: 619-225-2200 https://sdgoodwill.org/goodwill-search/?shcate=22
<i>San Diego Rescue Mission</i> 3601 Sports Arena Blvd San Diego, CA 92110	Emergency shelter for women and women with children. Children must be younger than 18 and a referral is required prior to admittance	Shelter Hours: Monday-Sunday 7:00pm-7:00am	Resource phone number and website: 619-819-1845 https://www.sdrescue.org/our-programs/emergency-shelter-for-women-and-children/
<i>San Diego Youth Services</i> 3255 Wing St San Diego, CA 92110	Emergency shelter for kids ages 12-17. Includes mental health support. Must be screened prior to admittance.	Please contact San Diego Youth Services for more information	Resource phone number and website: 619-221-8600 https://sdyouthservices.org/
<i>Legal Aid Society of San Diego</i> 1764 San Diego Ave San Diego, CA 92110	Free legal assistance. Call for availability and eligibility.	Monday-Friday 9:00am-5:00pm	Resource phone number and website: 877-534-2524 https://www.lassd.org/
<i>USD Legal Clinics</i> 5998 Alcalá Park San Diego, CA 92110	Free legal assistance. Call for availability and eligibility.	Monday-Friday 9:00am-5:00pm	Resource phone number and website: 619-260-7470 https://www.sandiego.edu/law/free-legal-assistance/

Mira Mesa

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Mira Mesa Senior Center</i></p> <p>8460 Mira Mesa Blvd. San Diego, CA 92126</p>	<p>Senior Lunch</p> <p>Senior Food Pantry</p>	<p>The food pantry is open on the third Wednesday of every month from 9:00am-Noon</p> <p>Lunch is available daily</p>	<p>Senior Center phone number and website:</p> <p>858-860-5355 https://miramesacenter.org/</p>
<p><i>Douglas Young Clinic</i></p> <p>10717 Community Ruiz #207 San Diego, CA 92126</p>	<p>Behavioral Health including Substance Use Disorder treatment</p>	<p>Clinic is open Monday-Wednesday-Friday, 9:00am-5:00pm</p> <p>Thursday Noon-8:00pm</p>	<p>Resource phone number and website:</p> <p>858-695-2211 http://www.comresearch.org/serviceDetails.php?id=NQ==</p>
<p><i>Mira Mesa Library</i></p> <p>8405 New Salem St. San Diego, CA 92126</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-538-8165 https://www.sandiego.gov/public-library/locations/mira-mesa-library</p>

Mission Valley

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Veterans' Village Of San Diego – Cohen Clinic</i></p>	<p>Mental healthcare for veterans who served after 9/11.</p>	<p>Monday-Friday 10:00am-2:00pm.</p>	<p>Resource phone number and website:</p> <p>619-393-2031 https://vvsd.net/</p>

8885 Rio San Diego Drive San Diego, CA 92108	Services are not dependent on discharge status		
<i>Interfaith Shelter Network</i> 3530 Camino del Rio North San Diego, CA 92108	Homeless shelter network. Contact for eligibility requirements and shelter locations Persons looking for a shelter must be screened before being admitted	Location of open shelters varies depending on the date	Shelter network phone number and website: 619-702-5399 http://interfaithshelter.org/
<i>Mission Valley Branch Library</i> 2123 Fenton Pkwy. San Diego, CA 92108	Library services including internet and email	Monday: 9:30am-6:00pm Tuesday: 11:30am-6:00pm Wednesday 11:30am-6:00pm Thursday 9:30am-6:00pm Friday 9:30am-6:00pm Saturday: 9:30am-6:00pm Closed Sunday	Library phone number and website: 858-573-5007 https://www.sandiego.gov/public-library/locations/mission-valley-library

Ocean Beach

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<i>OB One Church Healthcare Clinic</i> 4790 Santa Monica Ave San Diego, CA 92107	Free Healthcare during clinic hours Services Offered: <ul style="list-style-type: none"> • Health screenings and testing • Chronic disease management • Prescription assistance • Laboratory services 	Every Wednesday: Noon-4:00pm	Church phone number: 619-208-1898 Clinic Website: https://www.csusm.edu/nursing/studenthealthproject/index.html

	<ul style="list-style-type: none"> Wellness education and disease prevention Help accessing healthcare resources Social services and case management 		
<p><i>Episcopal Church Center Healthcare Clinic</i></p> <p>2083 Sunset Cliffs Blvd San Diego, CA 92107</p>	<p>Free Healthcare during clinic hours</p> <p>Services Offered:</p> <ul style="list-style-type: none"> Health screenings and testing Chronic disease management Prescription assistance Laboratory services Wellness education and disease prevention Help accessing healthcare resources Social services and case management 	<p>Every Wednesday: 5:30pm-7:00pm</p>	<p>Church Phone Number: 619-208-1898</p> <p>Clinic website: https://www.csusm.edu/nursing/studenthealthproject/index.html</p>
<p><i>Ocean Beach Library</i></p> <p>4801 Santa Monica Ave. San Diego, CA 92107</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website: 619-531-1532 https://www.sandiego.gov/public-library/locations/ocean-beach-library</p>
<p><i>James Edgar & Jean Jessop Hervey Library</i></p> <p>3701 Voltaire St. San Diego, CA 92107</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p>	<p>Library phone number and website: 619-531-1539 https://www.sandiego.gov/public-</p>

		Thursday 9:30am-6:00pm Friday 9:30am-6:00pm Saturday: 9:30am-6:00pm Closed Sunday	library/locations/point-loma-hervey-library
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Pacific Beach

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<i>PB United Methodist Church</i> 1561 Thomas Ave. San Diego, CA 92109	Evening meal No documentation necessary Free medical and dental clinic Monthly meal for teens in emergency shelter.	Dinner is served every Wednesday at 5:30pm Sign up for the clinic prior to the meal.	Church phone number and website: 360-276-0600 https://www.pbumc.org/
<i>Christ Lutheran Church</i> 4761 Cass St San Diego, CA 92109	Lunch and showers available to anyone. Hot showers are available prior to the meal. Soap and shampoo are included. Max 20 people in total.	First Friday of every month. Showers are at 9:00am. Lunch is served at 11:30. It is recommended to call in advance to check availability.	Church phone number and website: 858-483-2300 https://www.christpb.org/
<i>Beach Area Family Health Center</i> 3705 Mission Boulevard San Diego, CA 92109	Pediatric services, adult services, women's services, mental health services, prenatal services, patient care support services, STD screening and treatment	Monday-Friday 9:00am-5:00pm	Resource phone number and website: 619-515-2444 https://www.fhcsd.org/
<i>Family Care Center</i> 3705 MISSION BLVD San Diego, CA 92109	Comprehensive medical clinic Accepts Medi-Cal	Monday-Friday 8:30am-5:00pm	Resource phone number and website: 619-515-2551 https://www.fhcsd.org/beach/
<i>Earl & Birdie Taylor Library</i>	Library services including internet and email	Monday: 9:30am-6:00pm	Library phone number and website:

<p>4275 Cass St. San Diego, CA 92109</p>		<p>Tuesday: 11:30am-6:00pm Wednesday 11:30am-6:00pm Thursday 9:30am-6:00pm Friday 9:30am-6:00pm Saturday: 9:30am-6:00pm Closed Sunday</p>	<p>858-581-9934 https://www.sandiego.gov/public-library/locations/pacific-beach-taylor-library</p>
<p><i>CCSA Pacific Beach Service Center</i> 1675 Garnet Ave. San Diego, CA 92109</p>	<p>Provide emergency and transitional support on a walk-in basis to people in need of assistance. Services include emergency food and clothing and transportation assistance in the form of bus tokens for medical appointments or employment search. Provide financial aid to help people obtain their birth certificate, get a California Identification card, and occasionally prescription medicines or other emergency needs, as evaluated by the agency. They provide layettes to low-income new mothers. Information and resource counseling are available along with limited case management and referrals to shelter and other agencies or sources of help.</p>	<p>Call for availability and times</p>	<p>Resource phone number and website: 858-272-0163 http://www.ccsasandiego.org/services/emergency-services</p>

Point Loma

Organization Name and Address:	What's available?	What days and times?	Where can I find more info?
<p><i>OB Emergency Food Inc.</i></p> <p>2083 Sunset Cliffs Blvd San Diego, CA 92106</p>	<p>Food Pantry</p> <p>Availability limited to those living in the following zip codes: 92107, 92106, 92110.</p> <p>Maximum times the food pantry can be accessed by an individual is 12 per year.</p>	<p>Monday 9:30am-11:30pm</p> <p>Wednesday 9:30am-11:30am</p> <p>Friday: 9:30am-11:30pm</p>	<p>Resource phone number and website:</p> <p>619-222-0628</p> <p>https://www.sdloavesfishes.org/ob-emergency-food-inc/</p>

San Carlos

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>San Carlos Library</i></p> <p>7265 Jackson Dr. San Diego, CA 92119</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>619-527-3430</p> <p>https://www.sandiego.gov/public-library/locations/san-carlos-library</p>

Sorrento Valley

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Mt Moriah Christian Church</i></p> <p>7055 Carroll Rd San Diego, CA 92121</p>	<p>Food Pantry</p>	<p>Food is distributed at the Church every Saturday from 9:00am-11:00am.</p>	<p>Church phone number and website:</p> <p>858-695-9692 http://mtmoriahcc.org/</p>
<p><i>San Diego Food Bank</i></p> <p>9850 Distribution Ave San Diego, CA 92121</p>	<p>Food Pantry</p> <p>No documentation necessary</p> <p>Place and time of food distribution varies. Please contact San Diego Food Bank for the most accurate information</p>	<p>Please call or contact San Diego Food Bank for further information on distribution sites and dates.</p>	<p>Resource phone number and website:</p> <p>858-527-1419 https://sandiegofoodbank.org/</p>
<p><i>San Diego Mesa College</i></p> <p>7250 Mesa College San Diego, CA 92121</p>	<p>Food Pantry</p>	<p>Food is distributed on the third Thursday of every month.</p>	<p>College phone number and website:</p> <p>619-388-2600 www.sdmesa.edu</p>
<p><i>Good Samaritan Episcopal Church</i></p> <p>4321 Eastgate Mall San Diego, CA 92121</p>	<p>Lunch and showers available to anyone.</p> <p>Hot showers are available prior to the meal. Soap and shampoo are included.</p> <p>Max 20 people in total.</p>	<p>Third Saturday of every month.</p> <p>Showers are at 9:00am. Lunch is served at 11:30.</p> <p>It is recommended to call in advance to check availability.</p>	<p>Church phone number and organizing partners website:</p> <p>858-458-1501 http://www.ccsasandiego.org/</p>

Tierrasanta

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>Armed Services YMCA</i></p> <p>3239 Santo Rd. San Diego, CA 92124</p>	<p>Services include transpiration, emergency food vouchers, warrior care imitative and counseling for veterans</p>	<p>Please call or contact the Armed Services YMCA for more information</p>	<p>Resource phone number and website:</p> <p>858-751-5755 https://www.asymca.org/san-diego-home</p>
<p><i>Operation Homefront Village</i></p> <p>6530 Reflection Dr. Suite 2164 San Diego, CA 92124</p>	<p>Rent free transitional housing program for veterans</p>	<p>Please call or contact Operation Homefront Village for more information</p>	<p>Resource phone number and website:</p> <p>619-738-8014 https://www.operationhomefront.org/customer-service/operation-homefront-village</p>
<p><i>Tierrasanta Library</i></p> <p>4985 La Cuenta Dr. San Diego CA 92124</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am-6:00pm Tuesday: 11:30am-6:00pm Wednesday 11:30am-6:00pm Thursday 9:30am-6:00pm Friday 9:30am-6:00pm Saturday: 9:30am-6:00pm Closed Sunday</p>	<p>Resource phone number and website:</p> <p>858-573-1384 https://www.sandiego.gov/public-library/locations/tierrasanta-library</p>
<p><i>JFS Murphy Canyon Chapel</i></p> <p>3200 Santo Rd San Diego, CA 92124</p>	<p>Food Pantry Active duty military only</p>	<p>Second Thursday of every month</p>	<p>JFS Food pantry phone number and website:</p> <p>858-268-2213 https://jfssd.org/our-services/food-meals/hand-up-food-pantry-corner-market/</p>

University City

Organization Name and Address	What's available?	What days and times?	Where can I find more info?
<p><i>North University Community Branch Library</i></p> <p>8820 Judicial Dr. San Diego, CA 92122</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am- 6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-581-9637</p> <p>https://www.sandiego.gov/public-library/locations/north-university-community-library</p>
<p><i>University Community Library</i></p> <p>4155 Governor Dr. San Diego, CA 92122</p>	<p>Library services including internet and email</p>	<p>Monday: 9:30am- 6:00pm</p> <p>Tuesday: 11:30am-6:00pm</p> <p>Wednesday 11:30am-6:00pm</p> <p>Thursday 9:30am-6:00pm</p> <p>Friday 9:30am-6:00pm</p> <p>Saturday: 9:30am-6:00pm</p> <p>Closed Sunday</p>	<p>Library phone number and website:</p> <p>858-552-1655</p> <p>https://www.sandiego.gov/public-library/locations/university-community-library</p>