Outings to Promote Independent Readiness

Transportation

Exploring Public Transit Systems

Fees & passes, routes & procedures

- Bus, Trolley, Coaster, Taxi
- Campus Shuttles
- Department of Motor Vehicles (DMV)
 - o Process of obtaining a California Driver's License / Identification Card
 - o Access to information & processes related to driver's training (VOLVO Keys to Success Scholarship)
- Passport
 - o General information and uses for passport
 - o Process & documents required to obtain passport
- Responsibilities of Vehicle Ownership
 - Pumping Gas
 - o Insurance
 - Registration
 - Maintenance

Housing

- Tour Transitional Living Programs (TLP)
- Tour Transitional Housing Program Plus (THP+)
 - listed in Emancipation Resource Guide
- Explore College Dorm / Campus Living
 - Investigate Payment Options
- Apartment Hunting
 - Neighborhood costs and accessibility
 - Financial expectations
- Discuss process in setting up utilities
 - o SDG&E, Cable, Internet, etc.
- Discuss Supervised Independent Living Placement (SILP) Options
 - Contact Advocacy Supervisor for SILP Information
- Grocery Shopping
- Attend cooking classes
- Explore access to community resources
 - Library, low cost computer use, etc.

Education

- Help set short & long term goals
- Help obtain sealed copies of high school transcripts
- Attend college tours / fairs
- Assist youth in writing personal statements & essays
- Assist in college application process
 - FASFA, Chafee Grant, Board of Governors (BOG) Waiver

Personal Development

- Redefining Success
 - Goal Setting
 - o Mud Run / 5K
 - Explore talents / interests
 - music, art, sports, hobbies
- Help Set Up Bank Account
- Reading
 - o magazines, novels, articles, newspaper, maps
- Credit Card / Debt & Interest Discussions

Employment

• Important Documents

Employment Folder

- Sample Resume
- o Sample Cover Letter
- o Sample Completed Job Application
- Personal & Professional References
 - o Three for each
 - Needed Information:

Name, Contact Info, Relationship

- Interviewing
 - Practice questions/scenarios
 - o Etiquette

handshake, eye contact, posture, body language

Attire

Dressing for success & dressing for a position, help obtain proper clothing

- Help Establish realistic expectations about future career path
 - Volunteering / internships
- Encourage consistent communication & follow up with Independent Living Skills (ILS) Case Worker