

Outings to Promote Independent Readiness

Transportation

- **Exploring Public Transit Systems**
 - Fees & passes, routes & procedures*
 - Bus, Trolley, Coaster, Taxi
 - Campus Shuttles
- **Department of Motor Vehicles (DMV)**
 - Process of obtaining a California Driver's License / Identification Card
 - Access to information & processes related to driver's training (VOLVO Keys to Success Scholarship)
- **Passport**
 - General information and uses for passport
 - Process & documents required to obtain passport
- **Responsibilities of Vehicle Ownership**
 - Pumping Gas
 - Insurance
 - Registration
 - Maintenance

Housing

- **Tour Transitional Living Programs (TLP)**
- **Tour Transitional Housing Program Plus (THP+)**
 - listed in Emancipation Resource Guide
- **Explore College Dorm / Campus Living**
 - Investigate Payment Options
- **Apartment Hunting**
 - Neighborhood costs and accessibility
 - Financial expectations
- **Discuss process in setting up utilities**
 - SDG&E, Cable, Internet, etc.
- **Discuss Supervised Independent Living Placement (SILP) Options**
 - Contact Advocacy Supervisor for SILP Information
- **Grocery Shopping**
- **Attend cooking classes**
- **Explore access to community resources**
 - Library, low cost computer use, etc.

Education

- **Help set short & long term goals**
- **Help obtain sealed copies of high school transcripts**
- **Attend college tours / fairs**
- **Assist youth in writing personal statements & essays**
- **Assist in college application process**
 - FASFA, Chafee Grant, Board of Governors (BOG) Waiver

Personal Development

- **Redefining Success**
 - Goal Setting
 - Mud Run / 5K
 - Explore talents / interests
 - music, art, sports, hobbies
- **Help Set Up Bank Account**
- **Reading**
 - magazines, novels, articles, newspaper, maps
- **Credit Card / Debt & Interest Discussions**

Employment

- **Important Documents**
 - Employment Folder*
 - Sample Resume
 - Sample Cover Letter
 - Sample Completed Job Application
- **Personal & Professional References**
 - Three for each
 - Needed Information:
 - Name, Contact Info, Relationship
- **Interviewing**
 - Practice – questions/scenarios
 - Etiquette
 - handshake, eye contact, posture, body language*
 - Attire
 - Dressing for success & dressing for a position, help obtain proper clothing*
- **Help Establish realistic expectations about future career path**
 - Volunteering / internships
- **Encourage consistent communication & follow up with Independent Living Skills (ILS) Case Worker**